

CATALOGUE 2026



INTRODUCTION

At FRCI, we help businesses grow with smart digital solutions, cloud innovation, and expert IT services, combining strategy and support to drive impact. With over 85 professionals and 35+ years of experience, we've served more than 1,000 clients with tailored solutions. Our values are teamwork, respect, individuality, bravery, and exploration and we emphasizes building trusted client relationships.

We offer a wide range of professional training programmes designed to help individuals and organisations build practical, future-ready skills. With more than 30 years of experience, our expert trainers deliver courses in IT and programming, Microsoft 365 and Power Platform, cybersecurity awareness, leadership, communication, and essential business skills. Our learning solutions are available in classroom, virtual, and blended formats, ensuring flexibility and impact.

Whether you aim to upskill your teams, support digital transformation, or develop managerial excellence, our tailored training programmes are designed to empower your people and drive sustainable performance.

OUR PARTNERS



OUR METHODOLOGIES

You may choose the learning method that will best suit your needs and business realities.

SEMINAR

Courses are delivered by a trainer, in person, within a classroom at our training centre or your company premises.

CUSTOM TRAINING

After a thorough analysis of your business needs, FRCl comes with a personalised course contents which are adjusted to your realities.

COACHING

We can offer 1 on 1 training for employees with busy schedules. Courses can be reduced to a crash-course and delivered in a timely manner. This offer is valid for up to 4 people from the same enterprise.

INSTRUCTOR-LED ONLINE

Connect with your trainer via video conferencing, share your screen, and interact with each other.

E-LEARNING

E-learning programs facilitate learning anytime, anywhere through technology. Learn at your own pace with world leaders in e-learning content provider.

BLENDED LEARNING

We combine delivery of courses, content and other learning materials via an online channel or platform. You can mix the benefits of face to face, online and live online training to optimise your ROI. We work with leading international brands in the field – Cross Knowledge, Eni Edition, Procurement Academy, RedVector, Microsoft.

FLY ME A TRAINER

“Fly me a trainer” is an offering for our corporate customers which gives them the opportunity to get trained on their premises, by our certified and experienced trainers. Considerable costs are associated with having entire teams travel to a different location to get trained, so this option is the best-match solution.

SUPPORT

Designed to solve immediate problem on your day to day work. You will be able to access our consultant, online, whenever required.



IMPROVE YOUR EFFICIENCY
WITH OUR TRAININGS.

DESKTOP

Training Title	Duration
GENERAL	
Introduction to Computers	9h
COPILOT	
Microsoft 365 Copilot	9h
Microsoft Copilot Windows	9h
EXCEL	
Microsoft Excel Level 1 and your 1st steps with Copilot	15h
Microsoft Excel Intermediate with Copilot as an efficiency booster.....	15h
Microsoft Excel Advanced with Copilot as a productivity companion.....	15h
Microsoft Excel Expert with Copilot for your data analysis processes	15h
Advanced Excel for Data Analysis	15h
Create and Manage Interactive Dashboard with Excel BI.....	15h
Automating Excel Files Using Visual Basic for Applications Programming.....	15h
Working with Power Query in Excel.....	6h
POWERPOINT	
Microsoft PowerPoint – From Discovery to Mastery	15h
Developing your Microsoft PowerPoint Skills.....	12h
WORD	
Designing Professional Documents Using Microsoft Word	12h

Training Title	Duration
OUTLOOK	
Work smart with Microsoft Outlook.....	6h
MICROSOFT 365	
Empowering Collaboration: Exploring Microsoft Teams and M365 for Enhanced Productivity and Efficiency	12h
Microsoft Teams and Planner	6h
PROJECT	
Getting Started with Microsoft Project	12h
Mastering Microsoft Project.....	12h
VISIO	
Creating Dynamic Diagrams in Microsoft Visio	9h
GOOGLE WORKSPACE	
Google Sheets with Gemini	15h
Google Slides with Gemini.....	12h

DEVELOP YOUR SKILLS
WITH OUR TRAINING

IT PRO



Training Title	Duration
MICROSOFT 365	
MS-102: Microsoft 365 Administrator.....	30h
MS-700: Managing Microsoft Teams	24h
MS-721: Collaborating with Communications APIs.....	30h
MS-900: Microsoft 365 Fundamentals	6h
AZURE AI	
AI-102: Designing and Implementing a Microsoft Azure AI Solution.....	30h
AI-900: Microsoft Azure AI Fundamentals.....	6h
AZURE CLOUD	
AZ-040: Automate Administration with PowerShell	30h
AZ-104: Microsoft Azure Administrator	24h
AZ-140: Configuring and Operating Microsoft Azure Virtual Desktop.....	24h
AZ-204: Developing Solutions for Microsoft Azure	30h
AZ-305: Designing Microsoft Azure Infrastructure Solutions.....	24h
AZ-400: Designing and Implementing Microsoft DevOps Solutions.....	24h
AZ-500: Microsoft Azure Security Technologies	24h
AZ-700: Designing and Implementing Microsoft Azure Networking Solutions	24h
AZ-800: Administering Windows Server Hybrid Core Infrastructure.....	24h
AZ-801: Configuring Windows Server Hybrid Advanced Services	24h
AZ-900: Microsoft Azure Fundamentals.....	6h

Training Title	Duration
MODERN DESKTOP	
MD-102: Endpoint Administrator	30h
SECURITY, COMPLIANCE & IDENTITY	
SC-100: Microsoft Cybersecurity Architect.....	24h
SC-200: Microsoft Security Operations Analyst	24h
SC-300: Microsoft Identity and Access Administrator.....	24h
SC-400: Microsoft Information Protection Administrator	24h
SC-401: Microsoft Cloud Security Administrator	24h
SC-900: Microsoft Security, Compliance, and Identity Fundamentals.....	6h
DATA PLATFORM / FABRIC / SQL	
DP-100: Designing and Implementing a Data Science Solution on Azure	24h
DP-300: Administering Microsoft Azure SQL Solutions	24h
DP-600: Implement analytics solutions using Microsoft Fabric	24h
DP-700: Microsoft Fabric Data Engineer Associate.....	24h
DP-900: Microsoft Azure Data Fundamentals.....	6h
GITHUB	
GH-100: GitHub Administration.....	6h
GH-200: GitHub Actions	6h
GH-300: GitHub Copilot	6h
GH-500: GitHub Advanced Security	6h
GH-900: GitHub Foundations.....	12h

Training Title	Duration
AI BUSINESS	
AB-730: Transform business workflows with generative AI	6h
AB-731: Drive AI transformation in your organization.....	6h
AB-900: Introduction to Microsoft 365 and AI administration.....	6h
POWER PLATFORM	
PL-200: Microsoft Power Platform Functional Consultant.....	30h
PL-300: Microsoft Power BI Data Analyst	18h
PL-400: Microsoft Power Platform Developer	30h
PL-500: Microsoft Power Automate RPA Developer	30h
PL-600: Microsoft Power Platform Solution Architect	24h
PL-900: Microsoft Power Platform Fundamentals.....	12h
DEVELOPMENT	
UX-UI	18h

Microsoft Certifications

Demonstrate role-based skills with industry-recognized certifications from Microsoft, including new business-focused certifications, and GitHub.

- ★ Expert certification
- 🔒 This certification has prerequisites
- Microsoft technical
- Microsoft business
- 🔗 Github

Cloud & AI Platforms

Fundamentals - Master the basics

Azure Fundamentals AZ-900	Azure AI Fundamentals AI-900	Azure Data Fundamentals DP-900
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Role-based - Expand your technical skill set

Azure Administrator Associate AZ-104	Windows Server Hybrid Administrator Associate AZ-800 + AZ-801	Fabric Analytics Engineer Associate DP-600
Azure Developer Associate AZ-204	Azure AI Engineer Associate AI-102	Fabric Data Engineer Associate DP-700
Azure Solutions Architect Expert AZ-305	Machine Learning Operations (MLOps) Engineer Associate (Beta) AI-300	Azure Databricks Data Engineer Associate (Beta) DP-750
DevOps Engineer Expert AZ-400	Azure Data Scientist Associate DP-100	SQL AI Developer Associate (Beta) DP-800
Azure Network Engineer Associate AZ-700	Azure Database Administrator Associate DP-300	Power BI Data Analyst Associate PL-300

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Cloud & AI Platforms

Specialty - Deepen your technical skills and manage industry solutions

Azure for SAP Workloads Specialty AZ-120	Azure Virtual Desktop Specialty AZ-140	Azure Cosmos DB Developer Specialty DP-420
GitHub Foundations GH-900	GitHub Administration GH-100	GitHub Actions GH-200
GitHub Copilot GH-300		

AI Business Solutions

Fundamentals - Master the basics

Microsoft 365 Copilot and Agent Administration Fundamentals AB-900	Microsoft 365 Fundamentals MS-900	Power Platform Fundamentals PL-900
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Business - Expand your AI skills for business roles

AI Business Professional AB-730	AI Transformation Leader AB-731
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AI Business Solutions

Role-based - Expand your technical skill set

Endpoint Administrator Associate MD-102	Dynamics 365 Customer Service Functional Consultant Associate MB-230	Dynamics 365 Finance Functional Consultant Associate MB-310
Dynamics 365 Business Central Functional Consultant Associate MB-800	Power Automate RPA Developer Associate PL-500	Administrator Expert MS-102
Dynamics 365: Finance and Operations Apps Solution Architect Expert MB-700	Dynamics 365 Supply Chain Management Functional Consultant Associate MB-330	Dynamics 365 Business Central Developer Associate MB-820
Power Platform Solution Architect Expert PL-600	Collaboration Communications Systems Engineer Associate MS-721	Dynamics 365 Field Service Functional Consultant Associate MB-240
Dynamics 365: Supply Chain Management Functional Consultant Expert MB-335	Power Platform Functional Consultant Associate PL-200	Agentic AI Business Solutions Architect AB-100
Teams Administrator Associate MS-700	Dynamics 365 Customer Experience Analyst Associate MB-280	Dynamics 365: Finance & Operations Apps Developer Associate MB-500
Power Platform Developer Associate PL-400		

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Security

Fundamentals - Master the basics

Security, Compliance, and Identity Fundamentals

SC-900

Role-based - Expand your technical skill set

Azure Security Engineer Associate

AZ-500

Identity and Access Administrator Associate

SC-300

Cybersecurity Architect Expert

SC-100

Information Security Administrator Associate

SC-401

Security Operations Analyst Associate

SC-200

Business - Expand your AI skills for business roles

GitHub Advanced Security

GH-500



UNLEASH YOUR CREATIVITY
WITH OUR TRAININGS

MULTIMEDIA



Training Title	Duration
AI	
Using AI Tools in Adobe.....	12h
PHOTOSHOP	
Adobe Photoshop Beginner	12h
Adobe Photoshop Intermediate	12h
Adobe Photoshop Advanced	12h
ILLUSTRATOR	
Adobe Illustrator Beginner.....	12h
Adobe Illustrator Intermediate	12h
Adobe Illustrator Advanced.....	12h
INDESIGN	
Adobe InDesign Beginner to Intermediate.....	18h
Adobe Indesign Advanced	12h
ACROBAT	
Adobe Acrobat DC	12h
VIDEO	
Video Editing with Premiere Pro and After Effects	18h
SOCIAL MEDIA	
Advanced Social Media and E-Marketing Strategies	18h
LinkedIn for Business.....	6h
Facebook and LinkedIn for Business.....	6h
TikTok for Business.....	7h

STRENGTHEN YOUR SKILLS
WITH OUR TRAININGS

SOFT SKILLS, FINANCE & LANGUAGE



Training Title	Duration
SOFT SKILLS	
Advanced Supervisory Skills.....	18h
Communicate with Confidence: Assertiveness & Presentation Skills.....	18h
Communication & Emotional Intelligence at Work.....	12h
Communication & Presentation Skills.....	12h
Contract Management.....	36h
Customer Service Excellence.....	18h
Delivering Excellence in Customer Service via email and phone.....	12h
Develop your Leadership and Management Skills.....	18h
Develop your Professional Selling & Negotiation Skills.....	18h
Effective Delegation Skills.....	12h
Effective Time Management.....	6h
Interviewing Skills.....	12h
La Confiance en Soi.....	12h
Maintenir une Relation Clientèle Efficace.....	12h
Managing Stress with Confidence.....	12h
Mind Mapping.....	18h
People Management Skills.....	18h
Succeed as a First Time Manager.....	18h
Supervisory Skills.....	12h
The Power of Emotional Intelligence: Building Stronger Teams and Leaders.....	18h
Train the Trainer.....	18h
Lean Six Sigma Green Belt.....	18h
Lean Six Sigma Black Belt.....	18h

Training Title	Duration
Project Management Professional (PMP)	35h
ITIL v4 Foundation.....	18h
FINANCE	
Accounting & Finance Management for Non-Specialists	18h
Anti-Money Laundering and Countering the Financing of Terrorism.....	24h
Finance for non Finance people	18h
Fraud Examiners	18h
Principles of Payroll Management	12h
Corporate Finance, Analysis & Fraud Detection for Non-Finance People.....	18h
LANGUAGE	
Advanced Business Writing.....	18h
Improve your English Writing and Speaking Skills	30h
Maîtriser l'Art de l'Écriture et de l'Expression Orale en Français.....	30h



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